

The 40-item Learning Styles Questionnaire

This short questionnaire will help you discover your learning style preferences. We all develop learning 'habits' that make us happier to learn in some ways and less happy to learn in other, less familiar, ways. Most people are only vaguely aware of their learning preferences. This questionnaire will clarify your preferred ways of learning so that you are in a better position to select experiences that suit your style and/or to broaden your scope by strengthening under-utilised styles.

There is **no time limit** for the completion of this questionnaire. It will probably take you 5 to 10 minutes. The accuracy of the results depends on how honest you are. There are **no right or wrong answers**. If you **agree** more than you disagree with a statement **put a tick (✓)** in the box. If you **disagree** more than you agree with a statement **put a cross (x)** in the box. Be sure to mark each item with either a tick or a cross.

1. I quite like taking risks.

2. Before taking part in a discussion or meeting, I like to read the appropriate papers and prepare carefully.

3. I like to be absolutely correct about things.

4. I like practical, tried and tested techniques.

5. I often do things just because I feel like it, rather than thinking about them first.

6. I make decisions only after weighing up the pros and cons of different possibilities.

7. I prefer to solve problems using a systematic approach that reduces guesswork and uncertainty.

8. What matters most is whether something works in practice.

9. I actively look for new things to do.

10. I prefer to establish the facts and think things through before reaching a conclusion.
11. I like to check things out for myself rather than take them for granted.
12. When I hear about a new idea or technique, I immediately start working out how to apply it to my situation/problem.
13. I like the challenge of trying out different ways of doing things.
14. I prefer to have as many bits of information about a subject as possible. The more I have to sift through, the better.
15. I am quite keen on sticking to fixed routines, following procedures and keeping to timetables.
16. In discussions, I like to get straight to the point.
17. I prefer to jump in and do things as they come along rather than plan things out beforehand.
18. I prefer to base decisions on hard evidence and not to trust a hunch or intuition.
19. I like to fit things into some sort of pattern, framework or model.
20. I tend to judge people's ideas on their practical merits.
21. In discussions, I usually come up with lots of spontaneous ideas.
22. I prefer to look at a problem from as many different angles as I can before starting to solve it

23. I prefer to evaluate the soundness of my ideas before sharing them.
24. In meetings and discussions, I put forward ideas that I know are down-to-earth and realistic.
25. I usually talk more than I listen.
26. If I have to write a report or a formal letter, I prefer to have several rough drafts before settling on a final version.
27. I am rather fussy about how I do things – a bit of a perfectionist.
28. I find I can often work out more practical ways of doing things.
29. I find rules and procedures take the fun out of things.
30. I like to consider many options before I make up my mind.
31. I believe that careful logical thinking is the key to success.
32. I prefer ideas with an obvious relevance to my life and work.
33. I'm usually the 'life and soul' of the party.
34. I like to think through the consequences before taking action.
35. I like to understand the assumptions, principles and rationale upon which things are based.
36. In my opinion, it doesn't matter how you do something, as long as it works.

37. I enjoy the excitement of a crisis situation.

38. I usually do more listening than talking.

39. I like meetings and discussions to be structured and orderly.

40. I do whatever I need to, to get the job done.

There are no right or wrong answers and a high score is no better or worse than a low one. You score one point for each item ticked (✓). There are no points for items you crossed (×).

You will find a score key on page 5. This is designed to make it easy to transfer your scores from the questionnaire on the previous pages.

Once completed, plot your scores on the profile chart on page 6 to get a relative feel for the strength of your preferences.

Score Key

For each question you have ticked in the questionnaire put a tick in the box beside the question number on this sheet. Add up the ticks in each column.

1. <input type="checkbox"/>	2. <input type="checkbox"/>	3. <input type="checkbox"/>	4. <input type="checkbox"/>
5. <input type="checkbox"/>	6. <input type="checkbox"/>	7. <input type="checkbox"/>	8. <input type="checkbox"/>
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Activist	Reflector	Theorist	Pragmatist